

Fresh Corn and Black Bean Salad

Ingredients:

3 ears of fresh cooked corn removed from cob (leftover is fine)
1 ½ cups black beans (rinsed well if canned)
Juice of 2 limes
Extra virgin olive oil
½ red pepper diced
½ cup chopped cilantro
Salt to taste

Method:

- ⌚ Place corn, black beans and red pepper in large mixing bowl
- ⌚ Drizzle with olive oil to coat
- ⌚ Add ¾ of the fresh lime juice
- ⌚ Add cilantro and season with salt
- ⌚ Refrigerate for 1 hour – adjust flavorings (salt & lime juice)

Serves 6 – great with grilled fish or chicken